WEEKLY SCHEDULE

COST: 120K

MONDAY CLASSES

10:30 (60 min.) 18:00

Vinyasa Flow by Dayu **Sunset Flow** by Komang

TUESDAY CLASSES

Vinyasa 09:00 (60 min.) 18:00

by Marina Beramm Hatha Yoga

by Agung Putra

WEDNESDAY CLASSES

10:30 17.15

Yinyasa by Marina Beramm **Gentle Flow** by Bez

THURSDAY CLASSES

09:00 17.15

(60 min.)

Yinyasa by Arya

Hatha Yoga by Bez

CLASS

10:30 18:00

Yin and Sound by Dayu **Chakra Flow** by Komang

SATURDAY CLASSES

09:00 (60 min.) 16:00 (60 min.)

Power Yoga by Agung Putra Hatha Yoga by Arya

SUNDAY CLASSES

10:30 16.00 (60 min.) Yoga Healing by Komang

Hatha Yoga by Arya

